

EXPERIENCING the POWER of “ONE ACCORD”

“...they lifted up their voice to God with one accord...And when they had prayed, the place was shaken where they were assembled together; and they were all filled with the Holy Ghost, and they spake the word of God with boldness. And the multitude of them that believed were of one heart and of one soul: neither said any of them that ought of the things which he possessed was his own; but they had all things common. And with great power gave the apostles witness of the resurrection of the Lord Jesus: and great grace was upon them all.” Acts 4:24, 31-33 (KJV)



This Week’s Thought – October 16, 2016

“Then David came to the two hundred men who had been too exhausted to follow him and who were left behind at the Besor Ravine. They came out to meet David and the people with him. As David and his men approached, he greeted them.” 1 Samuel 30:21 (NIV)

Sometimes, you are too exhausted to take one more step forward, as your faith is fatigued and your energy is sapped. It is not because you are unspiritual, but because you are spent. It is time for a rest; otherwise, you are a prime candidate for burnout. Exhaustion is overwhelming unless you pace yourself. It is God’s warning to slow down and His appeal for you to adjust. You can choose to slow down or your Savior will help you slow down, sometimes with circumstances (i.e. sickness, etc.) Do not think you have to keep up with others who have a greater capacity, as God has a place for you to perform within your passion, skills, and giftedness.

Following God does not mean you cannot vary your responsibilities. Variety is the spice of serving Christ, so be willing to humble yourself, and maybe doing something different. You may be surprised to see new enthusiasm erupt like a bright Roman candle on the Fourth of July. A change of pace or maybe a change in environment, might keep you from coming apart from exhaustion. Maybe this means you pray for the project and the people, as it is the Lord’s lever to help you move past persistent problems. Prayer brings peace, calm, and clarity.

Some will not embrace your “exhaustion excuse,” and they may even criticize you as weak or unspiritual. They might talk behind your back in resentment, but you cannot control the reactions of those you thought wanted what’s best for you. They are probably feeling the effects of exhaustion themselves. Fatigue makes everyone feel a little fearful, so pray they will have the courage and trust to rest in Him at the right time, for the right reasons too.

October 16, 2016

In the meantime, take the time to recover from your exhaustion. Trust God with the results of your work, and trust that you will receive what’s fair from the authorities over your life. You may need an extended sabbatical or a vacation to properly extinguish your exhaustion. Use emptiness to enhance your relationship with the Lord.

Slow down and be with your Savior, for His mercy extends you the opportunity to enjoy the fruits of your labor that led to your wearisome condition. By God’s grace, you will overcome exhaustion, but it takes time and faith. Trust Him and trust others with delegation to get the job done. The work will be there when you get back, so be patient. This is the time for your healing, as He will make your relationships whole again. His grace and forgiveness cannot be exhausted. Therefore, overcome your exhaustion with His inexhaustible grace.

The Bible says, *“He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the LORD will renew their strength...”* (Isaiah 40:29-31a.)

Words from the Master during your time of reflection this week: “Stay conscious of Me as you go through the day, remembering that I never leave your side. Let the Holy Spirit guide you step by step, protecting you from unnecessary trials and equipping you to get through whatever must be endured. As you trudge through the sludge of this fallen world, keep your mind in heavenly places with Me. Thus, the Light of My Presence shines on you, giving you Peace and Joy that circumstances cannot touch.” (Psalm 18:30; Isaiah 41:13; Psalm 36:9)

“And then God answered: “Write this. Write what you see. Write it out in big block letters so that it can be read on the run. This vision-message is a witness pointing to what’s coming. It aches for the coming—it can hardly wait! And it doesn’t lie. If it seems slow in coming, wait. It’s on its way. It will come right on time.” Habakkuk 2:2-3 (MSG)

Yours in Christ, Pastor King