First Baptist Church of West College Hill – From the Pastor's Desk Page 1 November 3, 2019

Theme for 2019

'The God of Another Year, is a God of Wonderful and Amazing Grace. He is the God of Forgiveness and He is the God of Beginning Again.'

365 DAYS OF POSSIBILITIES!

"O Lord, open my lips, and my mouth will declare your praise. Through the Lord's mercies we are not consumed, Because His compassions fail not. They are new every morning; Great is Your faithfulness. I will praise You, O LORD, with my whole heart; I will tell of all Your marvelous works. I will be glad and rejoice in You; I will sing praise to Your name, O Most High."

Psalm 51:15 (ESV); Lamentations 3:22-23 (NKJV); Psalm 9:1-2 (NKJV)



This Week's Thought - November 3, 2019

"Trust in the LORD with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take." Proverbs 3:5-6 (NLT)

<u>365 DAYS OF POSSIBILITIES</u>—Have you ever felt that God has let you down in some way, maybe because He didn't give you what you asked for, or what seemed good and right? Has a recent answered prayer caused you to doubt His faithfulness? If so, perhaps you have felt that you can't be honest with Him about how you feel. Maybe you've got the idea that if you admit how you really feel that God will be displeased.

Indeed, being honest with God about the ugly things in our hearts doesn't always come easily. Many believe that it's not okay to say we're angry with God or that we feel He's let us down. We've been led to believe that messy emotions are not okay and that being honest about our doubts is spiritual taboo—that "Hallelujah!" and "God is good!" should be constantly on our lips.

Well, the truth of the matter is...when we're brokenhearted due to loss or disappointment, God wants us to be honest with Him. Why? Because being truthful creates an open door for Him to walk through to heal us. That's the way grief works. When we let it out, He comes in to apply His healing truth to the places that hurt.

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Yesterday, while with the Stallworth's in their time of grief due to the passing of Deacon Stallworth, this text came to mind. Then I unexpectedly thought about something that I used to do in my Bible—highlight in it. I picked two colors: yellow and green. Then every phrase in which the Psalmist of this passage expressed feelings, I highlighted yellow. In the places he proclaimed God's truth, I colored the words green. The result was an interesting pattern: yellow, green. Yellow, green. Yellow, green. Feelings, truth. Feelings, truth. Feelings, truth.

This reminded me that God shows that His plan for our lives involves the blending of our emotions with His truth. One without the other never brings emotional healing or keeps us from believing the lie that God has betrayed us.

What if a person lives only according to their feelings? There will be no healing for their broken heart, because emotions alone are often untrustworthy and can be based on lies. But what if they only acknowledge God's truth and stifles their emotions because "It's the Christian thing to do?" Healing would remain elusive, because they would be living a life of denial about what's really going on in their heart.

God wants to merge what we know in our heads about His Word with what we feel in our hearts, even if it means admitting some ugly things such as we're angry with God, believing and feeling inwardly and maybe even secretly that He's lied to us and let us down—or that He's betrayed us. It's only when we're honest that He can change our song of betrayal to a song of joy.

Faith requires that we live not just from our heads but also from our hearts. Only then can faith be transforming. This means that we allow God to touch the messy places of our internal lives; we engage our emotions and cooperate with God to blend them with His truth.

On today, may the blessing of peace rest upon you...the blessing of joy abide within you...the blessing of success and favor surround you...the blessing of love flow out through you. May all the Blessings of the Lord be yours in abundance as you 'Encounter the Possibilities' this day will bring!!

Application: If you are angry with God about a differently answered prayer or a disappointment, talk with Him about it today...releasing your emotions and blending with His truth.

<u>Prayer of reflection you might pray this week:</u> "Lord, thank you that I don't have to be afraid of coming to You with my honest feelings. You know them afar off anyway. Please heal my heart from any hurts and please heal any unbelief I have. This is my prayer in the matchless, wonderful and compassionate Name of Jesus, Amen!"

Yours in Christ, Pastor King