First Baptist Church of West College Hill – From the Pastor's Desk Page 1 May 31, 2020

## Theme for 2020 <u>I AM WHAT 'YOU' SEE!</u>

## 'LORD, Open My Eyes, Help Me Believe, I Am What YOU See.'

"Your eyes are windows into your body. If you open your eyes wide in wonder and belief, your body fills up with light...Oh yes, you shaped me first inside, then out; you formed me in my mother's womb. I thank you, High God—you're breathtaking! Body and soul, I am marvelously made! I worship in adoration—what a creation! You know me inside and out, you know every bone in my body; You know exactly how I was made, bit by bit, how I was sculpted from nothing into something. Like an open book, you watched me grow from conception to birth; all the stages of my life were spread out before you. The days of my life all prepared before I'd even lived one day. Your thoughts—how rare, how beautiful! God, I'll never comprehend them! I couldn't even begin to count them—any more than I could count the sand of the sea. Oh, let me rise in the morning and live always with you." Matthew 6:22 (MSG); Psalm 139:13-18 (MSG)

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This Week's Thought – May 31, 2020

"And whatever you do or say, do it as a representative of the Lord Jesus, giving thanks through him to God the Father." Colossians 3:17 New Living Translation (NLT)

"We're ALL in this TOGETHER." If you're like most, then the "brain fog" has by now fully settled in, bringing with it a persistent weariness with the present moment and a longing to simply "go back to how things used to be." And yet, there is thought I want you to ponder even as I wade through my own 'fog' as well, and that is: "the goodness of life is so often found when we press in and learn to be present in the places we actually find ourselves, rather than trying to artificially control our environment to ensure a certain outcome."

And so, I ask you, even with all that is happening in and around the world, what kind of person will you be **TODAY**? Not who you were several months ago, or who you are convinced you'll be next year, but who are you **TODAY**? I ran across this quote which beautifully reminds us, "When we yield to discouragement it is usually because we give too much thought to the past and to the future."

First Baptist Church of West College Hill – From the Pastor's Desk Page 2 May 31, 2020

When our present situation tests and stretches us, we are tempted to idolize the past or romanticize the future. Yet the present is the only place in which we actually find ourselves or in which we are able to find God. Though Christ was with us in the past, and promises to be with us in the future, our encounter of His grace and love must take place in this present moment.

Likely, whatever your life looked like 6 months ago, it doesn't look that way today! Similarly, who can possibly say what your life or our world will look like 6 months from now? So, as you read these words in the present, this very moment is a gift given to you by God and is an invitation to breathe in His life and breathe out your praise. So as Paul reminds us, whatever you do, whatever you say, wherever this day may take you, it is an opportunity for you to live as a witness to the world of the love of God in Jesus and the joy and thanksgiving that flows from a life lived with him, day by day, moment by moment.

## "This is the day that the Lord has made; let us rejoice and be glad in it." (Psalm 118:24)

"I am who You say I am! I am God's workmanship, created in Christ unto good works. (Ephesians 2:10) I am an ambassador for Christ (2 Corinthians 5:20). I am part of a chosen generation, a royal priesthood, a holy nation, a purchased people (1 Peter 2:9). I am greatly loved by God (Ephesians 2:4; Colossians 3:12). <u>I AM WHAT 'YOU'SEE!</u>"

**Application:** If you are feeling discouraged, think about where you might be spending too much time reflecting upon the past or dreaming about the future.

<u>Prayer of reflection you might pray this week:</u> "Father, in spite of any fear or fatigue that we may carry with us, help us to be present to Your renewing work this very day. We call upon You in our time of sorrow, that You give us the strength and will to bear our heavy burdens, until we can again feel the warmth and love of Your divine compassion. Be mindful of us and have mercy on us while we struggle to comprehend life's hardships. Keep us ever in Your watch, until we can walk again with light hearts and renewed spirits. This is my prayer in the matchless, wonderful and compassionate name of Jesus, Amen!"

Yours in Christ, Pastor King