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Theme for 2020 I AM WHAT 'YOU' SEE!

'LORD, Open My Eyes, Help Me Believe, I Am What YOU See.'

"Your eyes are windows into your body. If you open your eyes wide in wonder and belief, your body fills up with light...Oh yes, you shaped me first inside, then out; you formed me in my mother's womb. I thank you, High God—you're breathtaking! Body and soul, I am marvelously made! I worship in adoration—what a creation! You know me inside and out, you know every bone in my body; You know exactly how I was made, bit by bit, how I was sculpted from nothing into something. Like an open book, you watched me grow from conception to birth; all the stages of my life were spread out before you. The days of my life all prepared before I'd even lived one day. Your thoughts—how rare, how beautiful! God, I'll never comprehend them! I couldn't even begin to count them—any more than I could count the sand of the sea. Oh, let me rise in the morning and live always with you."

Matthew 6:22 (MSG); Psalm 139:13-18 (MSG)



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"Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil." **Ephesians 5:15-16** (NIV)

"We're ALL in this TOGETHER." Now more than ever we need to understand how to live in the present moment. You might say, "Which one? The present moment of protecting myself against the threat of Covid-19? The present moment of waiting and wondering if today will bring a stop to the racial and civil unrest in our cities? The present moment of watching a total disregard for life?"

One day this past week, I let the news continue to roll and I became more and more morose. Agitated and distracted. Conflicted and unproductive, caught up in the past and the future.... and then the day was lost.

That might sound familiar to some of you to the point that your today might not feel much better, and it doesn't seem like a whole lot can brighten your spirit. Lately, I find I must simply obey the instruction of Philippians 4:6 which says to not be anxious about anything (viruses, civil unrest, racial tensions, disregard for lives),

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but to present these concerns of the day to God in prayer, with a grateful heart to the One who knows all things, and then the peace that we will never fully understand will come to us. I know that passage to be true for I have claimed it during some of my own most difficult and dark days. I will never understand it (like the scripture says) but it is true.

It's the waiting that is so hard. I can say the verse over and over, list my prayer requests before God, but then I must trust, watch, and wait. But this is when we need to be on guard, for this is where we lose it and become fearful of all the unknowns. Betty Skinner, in her book 'The Hidden Life' says this about waiting:

"Waiting is one of the most difficult pieces of a deep, inner spiritual journey. We want to outrun God, but our growth depends on consciously letting go of our fear and allowing our circumstances the space to teach us what God intends....As long as we wait in fear and anxiety, we will not experience growth."

She goes on to say, "This way of waiting requires we understand that the spiritual life can only be lived in the present moment. Living in the future produces anxiety, worry, and fear. Living in the past produces guilt, bitterness and regret. Many of us never get out of the past or the future and miss the gift that is the present moment."

So today, what will it be?

"And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise." (Philippians 4:8)

"I am who You say I am! I am God's workmanship, created in Christ unto good works. (Ephesians 2:10) I am an ambassador for Christ (2 Corinthians 5:20). I am part of a chosen generation, a royal priesthood, a holy nation, a purchased people (1 Peter 2:9). I am greatly loved by God (Ephesians 2:4; Colossians 3:12). <u>I AM WHAT 'YOU'SEE!</u>"

Application: Waiting is one of the most difficult pieces of a deep, inner spiritual journey. This week pray and ask God to remind you to live in the sacred moment of His Presence.

Prayer of reflection you might pray this week: "Dear Lord, forgive me for how I have worried, for doubting Your love and care in my life. Forgive me for my discontentment as I wait for what happens next. Forgive me for being impatient. Forgive me for not seeking after You and for allowing these circumstances in my life to seem greater than Your grace and goodness. Help me to repent and turn back to You...my one true love. This is my prayer in the matchless, wonderful and compassionate name of Jesus, Amen!"

Yours in Christ, Pastor King